

# For Children Only

## Menu 2

(Infant Menu)

6 months through 11 months

Week of: \_\_\_\_\_

### **BREAKFAST**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Rice Infant Cereal  
0-2 Tbsp of Apple Sauce

### **MONDAY**

#### **LUNCH**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Oatmeal Infant Cereal or  
0-4 Tbsp Lasagna Dinner  
0-2 Tbsp Sweet Potatoes

#### **SNACK**

2-4 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-2 Tbsp Bananas  
0-2 Saltine Crackers

### **BREAKFAST**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Oatmeal Infant Cereal  
0-2 Tbsp of Bananas

### **TUESDAY**

#### **LUNCH**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Multigrain Infant Cereal or  
0-4 Tbsp Mac & Cheese Dinner  
0-2 Tbsp Apple Sauce

#### **SNACK**

2-4 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-2 Tbsp Peas  
0-2 Saltine Crackers

### **BREAKFAST**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Multigrain Infant Cereal  
0-2 Tbsp of Apple Sauce

### **WEDNESDAY**

#### **LUNCH**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Rice Infant Cereal or  
0-4 Tbsp Chicken Dinner  
0-2 Tbsp Bananas

#### **SNACK**

2-4 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-2 Tbsp Green Beans  
0-2 Saltine Crackers

### **BREAKFAST**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Rice Infant Cereal  
0-2 Tbsp of Apple Sauce

### **THURSDAY**

#### **LUNCH**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Oatmeal Infant Cereal or  
0-4 Tbsp Turkey Dinner  
0-2 Tbsp Green Beans

#### **SNACK**

2-4 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-2 Tbsp Bananas  
0-2 Saltine Crackers

### **BREAKFAST**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Oatmeal Infant Cereal  
0-2 Tbsp Bananas

### **FRIDAY**

#### **LUNCH**

6-8 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-4 Tbsp Multigrain Infant Cereal or  
0-4 Tbsp Chicken Dinner  
0-2 Tbsp Peas

#### **SNACK**

2-4 oz of COMPLETE  
Milk-Based Infant  
Formula with Iron  
or Breastmilk  
0-2 Tbsp Apple Sauce  
0-2 Saltine Crackers